

Metabolomics Foundations & Experimental Design — Hands-on

Learn how to go from a biological question to a statistically-sound metabolomics study plan. This module builds strong foundations in metabolomics concepts, readouts, and experimental design — including platform choice, cohort definition, confounder control, QC strategy, and power/sample-size thinking for NMR/LC–MS/GC–MS studies.

Metabolomics Foundations & Experimental Design

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Session 1

Fee: Rs 8800 [Apply Now](#)

Metabolomics Concepts, Matrices & Readouts

What is metabolomics? Scope, metabolome layers & study types

[global vs targeted](#) [steady-state vs flux](#) [metabolomics vs lipidomics](#)

Biological matrices & pre-analytical constraints (overview)

[plasma / serum / urine](#) [tissue / cells / media](#) [stability considerations](#)

Biological questions & hypothesis framing in metabolomics

disease vs control **time-course / intervention**
pharmacometabolomics

Session 2

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Platforms, Workflows & Measurement Strategy

NMR vs LC-MS vs GC-MS — pros, cons & typical use cases

¹H NMR **LC-MS (HILIC / RP)** **GC-MS (derivatization)**

Untargeted vs targeted designs & panel selection (overview)

discovery profiling **validation panels** **isotope-labeled standards**

High-level workflow mapping from sample to data matrix

sample intake **acquisition** **peak table generation**

Session 3

Fee: Rs 14800 Apply Now

Experimental Design, Bias & Power

Cohort design: inclusion criteria, matching & blocking

case-control **longitudinal** **cross-over designs**

Sources of bias & confounding in metabolomics

diet / fasting **medication / circadian** **batch / run-order**

Power, sample size & replication strategy (concepts)

biological vs technical replicates **effect size thinking**
pilot studies

Session 4

Fee: Rs 18800 Apply Now

Mini Capstone: Study Protocol & Metadata

Translate a biological question into a full study blueprint

Theory + Practical

Randomization, blocking & batch layout for LC–MS/GC–MS runs

run-order planning **QC injections** **reference samples**

Deliverables: protocol, sample sheet & metadata dictionary

study protocol (PDF/Word) **sample & batch sheet**
(CSV) **MIxS / MSI-style metadata**