

## NMR Spectroscopy for Biomacromolecules: Assignments & Restraints — Hands-on

Gain a practical, workflow oriented understanding of NMR spectroscopy for biomacromolecules. From experimental design and isotope labeling strategies to resonance assignments, restraint generation, structure calculation and validation, this module prepares you to read, interpret and generate NMR based structural models for proteins and nucleic acids.

### NMR Spectroscopy for Biomacromolecules: Assignments & Restraints

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#### Session 1

**Fee: Rs 8800** [Apply Now](#)

#### NMR Fundamentals & Experimental Design

NMR principles for biomacromolecules

[spin, magnetization and relaxation](#) [chemical shifts and linewidths](#) [solution vs solid state overview](#)

Sample preparation and isotope labeling strategies

[15N / 13C labeling concepts](#) [deuteration overview](#)  
[buffer and stability considerations](#)

Key 1D and 2D experiments for biomolecules

**1D 1H, 2D COSY / TOCSY** **1H-15N HSQC** **1H-13C HSQC**  
**/ NOESY**

### **Session 2**

**Fee: Rs 11800** Apply Now

## **Backbone & Side Chain Assignments**

Backbone assignment strategies for proteins

**triple resonance experiments** **HNCA / HNCO overview**  
**CBCA(CO)NH style logic**

Side chain assignments and aromatic regions

**aliphatic side chain mapping** **aromatic ring**  
**assignments** **13C edited NOESY concepts**

Peak picking and assignment software workflows

**peak lists and connectivity** **assignment validation**  
**handling ambiguous peaks**

### **Session 3**

**Fee: Rs 14800** Apply Now

## **Restraints, Structure Calculation & Ensembles**

Generating structural restraints from NMR data

**NOE distance restraints** **J coupling derived dihedrals**  
**RDC and other restraints overview**

Structure calculation workflows

**restraint preparation** **simulated annealing concepts**  
**iterative refinement cycles**

Ensemble analysis and convergence metrics

**RMSD within ensembles** **restraint violation checks**

**selection of representative models**

**Session 4**

**Fee: Rs 18800** Apply Now

## Validation, Dynamics & Reporting

Validation of NMR structures and restraints

**Theory + Practical**

Solution dynamics and NMR observables

**relaxation measurements overview** **chemical  
exchange concepts** **conformational ensembles**

Deposition and figure ready reporting

**BMRB and PDB deposition** **validation reports and  
checklists** **panels and methods text for manuscripts**