

## NTHRYS WORKSHOPS

# Introduction To Personalized Medicine

### 8:45 AM - 10:15 AM: Session 1: Basics of Personalized Medicine

Overview of personalized medicine principles and applications.  
Hands-on session on understanding genetic, environmental, and lifestyle factors.  
Introduction to the importance of personalized medicine in modern healthcare.

### 10:15 AM - 10:30 AM: Coffee / Tea / Snacks Break

Networking and refreshments.

### 10:30 AM - 12:00 PM: Session 2: Techniques in Personalized Medicine

Interactive session on techniques used in personalized medicine.  
Workshop on using genomic, proteomic, and metabolomic analyses.  
Practical demonstration of personalized medicine techniques.

### 12:00 PM - 1:00 PM: Lunch Break

Catered lunch and networking opportunity.

### 1:00 PM - 2:30 PM: Session 3: Biomarkers and Personalized Medicine

Exploring the role of biomarkers in personalized medicine.

Hands-on training on identifying and validating biomarkers.  
Case studies on the role of biomarkers in personalized treatments.

### **2:30 PM - 2:45 PM: Short Break**

Time for a stretch and informal discussions.

### **2:45 PM - 4:15 PM: Session 4: Applications of Personalized Medicine**

Workshop on applications of personalized medicine.  
Practical techniques for applying personalized medicine in clinical settings.  
Case studies on the impact of personalized medicine in healthcare.

### **4:15 PM - 4:30 PM: Coffee / Tea / Snacks Break**

Last networking opportunity with snacks.

### **4:30 PM - 5:30 PM: Closing Session: Implementing Changes and Technology Adoption**

Group discussions on implementing new techniques learned today.  
Dialogue on overcoming challenges in adopting new technologies in similar sectors.  
Feedback session and closing remarks.

**Certificate Issue**

### **5:30 PM: Workshop Concludes**